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semper fidelis!

a recipe for leading others

Aubrey Daniels, Ph.D.

The Army infantry used the slogan "Follow me!" during World War II, but history shows us that some soldiers didn't heed the call. On several occasions, the officer leading a charge was shot in the back, and not while running from the enemy. Apparently, the act of following commands leadership, and leadership is never bestowed by simply giving someone a fancy title.

The U.S. Marine Corps did and continues to do things a bit differently. The Corps' signature motto is "Semper Fidelis," meaning always faithful. The phrase seems appropriate because faith of the followers plays a great role in leadership. The people I know who have retired from the Corps still live by its standards and continue to identify strongly with its values, and most eventually have had their relationship with the Corps commemorated on their gravestones.

This enduring loyalty was not borne from some mysterious cosmic interaction. The Corps knows how to systematically create this type of loyalty. How? First, it strips recruits of almost every positively reinforcing aspect of their lives and then makes them earn those reinforcers back one at a time, all the while recognizing progress with subtle approval and camaraderie. By the time those recruits graduate from Marine basic training, they're ready to take on the world.

Am I suggesting this is the way to treat employees? No, but the Marines' approach illustrates the powerful impact of positive reinforcement on behavior and its proven effect on the elusive entity we call loyalty. Of course, the Corps' method is not practical for application in the workplace, but neither is the bulk of existing literature regarding leadership. That's because many people don't understand the worlds-apart

difference between a manager and a leader – and I'm not just talking about those at the top of an organization.

Management is really the authority granted to someone by an organization to use consequences. A manager has the authority to dish out discipline, give a raise, promote, demote and terminate. Companies may grant that authority to everyone from team leaders to supervisors to managers to executives. Leadership, on the other hand, is the authority granted by the followers for someone to use consequences. Organizations can make someone a manager, but leadership must be earned. Leadership status, then, is authority earned and reflected by the voluntary loyalties that leadership behaviors inspire and can be found at any level of the organization.

One might describe leadership as the ability to motivate people to do things in the absence of direct contingency. In other words, a leader can get people to do things when it doesn't seem, in the immediate present at least, to be in their best interest to do so. For example, if I let you lead me, I am willing, to a certain extent, to subjugate myself to consequences that you put in place.

The upside of being a leader is that leaders, I'm convinced, receive more reinforcement from followers than do managers. That's primarily because with leadership, the followers are voluntarily led, so naturally they feel more positive toward the leader than they would toward a manager. Using this definition, anybody can be a leader. That's why people often informally grant leadership status to a peer. Also, if a leader is the source of frequent, timely reinforcement for a person or a group of people, whatever is important to the leader is important to them.

A big downside of being a leader is that leaders need to encourage behaviors that favor the strategic direction of the company, even when those behaviors may initially be unpopular. Leaders have to make decisions even when the workforce doesn't immediately positively reinforce them for those decisions. Therefore, true leaders hold steady in difficult decisions when attaining reinforcement is not immediate. Leaders stick to principles and values that may temporarily take people where they don't necessarily want to go. One might compare leadership to pulling a heavy load with a string. If you pull too hard or too suddenly, you'll break the string, but if you stay in front and pull with constancy, eventually you can move a pretty heavy load.

One client my company worked with, a vice president of an energy company, would meet with his team at the beginning of the day and tell them, "Here's what we need to do today," and then send them on their way. In the afternoon, he would go out in the plant to see how they were doing and if they were doing what he had asked of them. Basically, he was checking to see who had made his priority their priority and who had put it off, most likely saying, "Yeah I was trying to get around to it but didn't have time." If your No. 1 priority is communicated and carried out, you have willing followers.

How does one acquire leadership status? It really comes down to the consistent pairing of antecedents (what one says will happen) and consequences (what does happen). A big problem in most modern organizations is that the pairing antecedents between consequences is very low from the top down. In other words, by the time a goal is achieved by employees down the line, the executive who promised recognition for that achievement may already have moved on to bigger and better things. If such oversights occur frequently, employees no longer take the promises, or their need to work hard for promised consequences, as seriously. This is why creating leaders at the manager and supervisor level is so important. The more closely managers and supervisors pair what they say they will do with what they actually do, the greater chance there is of having willing followers at the frontline.

To earn leadership status, a person must consistently pair what is said with what is done. And, of course, the consequences have to be to a performer's advantage, which means that leaders in one way or another have to deliver positive reinforcement. If behavior is driven by negative reinforcement, as soon as an employee gets away from you, it's over. They're out and gone, and they're never looking back.

How do you establish yourself as a positive reinforcer? Here are three ways to do just that:

- 1. Do what you say you are going to do. The best advice is to say less and do more. If you are in a new position, don't make promises early. Unexpected events will surely reduce trust rather than increase it. It is also better to announce what you've done rather than communicate what you intend to do.
- 2. Be a student. When taking on a new role, it's best to spend time learning about the followers and what they do. It has been discovered that the single most important leadership behavior is monitoring inquiring into the relationship between the performer and his work. Ask, "How did you do that?" People can always teach you valuable things about the organization.
- 3. Discover the positive reinforcers of the followers. We all have our own unique set of positive reinforcers. While you don't need

to know all of the reinforcers of those you work with, you do need to know some. Spend time learning what they are. If you don't know or aren't sure, ask. That in and of itself is reinforcing to some.

Ultimately, history shows us that anybody can become a leader. If you tell people that when they do this, a positive consequence will happen, and sure enough it happens, then after a period of time, people will trust you. People eventually learn to have faith in people who consistently do what they say. Do what you say you will do enough times, and people will respect you. And will remain semper fidelis.

Here are a few ways to measure how you are doing as a leader in creating willing followers:

- 1. When you communicate a priority to your team, check later in the day to see how many have taken action on it, as opposed to those who make excuses about not having time, etc. Make sure that you positively reinforce the actors.
- 2. Check to see what behaviors followers engage in to verify if those behaviors will address the priority. We found in a study that when a priority was passed down three levels, only 11 percent of supervisors actually were working on behaviors that would accomplish what the leader needed.
- 3. How long does it take for followers to take action? If the followers take more than a week to act, you have failed to provide proper reinforcement.
- 4. Make a list of all the commitments you make in meetings and individual

conversations in order to track the percentage of your follow-through on what you said you would do.

- 5. On all commitments that take some time to complete, make a list and post it outside your office showing weekly progress.
- 6. Check how frequently peers help others complete their priority tasks.
- 7. How many suggestions do followers make for supporting the mission, vision and values of the leader? Some managers set a quota for ideas per week, per supervisor or manager. This refers to ideas that bubble up without asking, demanding or setting quotas.

Aubrey Daniels, a thought leader and internationally recognized expert on management, leadership, safety and workplace issues, is considered an authority on human behavior in the workplace. As founder of his consulting firm, Aubrey Daniels International, he and his staff help organizations employ the timeless principles of behavioral science to re-energize the workplace, optimize performance and achieve lasting results. Aubrey actively blogs about performance systems, workplace safety and management issues, is frequently interviewed for major media outlets, and pens a regular guest blog for Talent Management Magazine.

In addition to being a highly sought after keynote speaker at major association, conference and educational events, Aubrey is the author of six best-selling books widely recognized as international management classics: Performance Management: Changing Behavior That Drives Organizational Effectiveness, Bringing out the Best in People: How to Apply the Astonishing Power of Positive Reinforcement; Other People's Habits, Measure of a Leader, Oops! 13 Management Practices that Waste Time and Money (and what to do instead), and Safe by Accident? His books have been translated into Japanese, Chinese, Korean, Spanish and French and have been licensed in China, India, Indonesia, Japan, Korea, Romania and Saudi Arabia.

Super**V**ision

Wit and Humor



Johnny held out two pieces of candy to Joey. Joey thanked him and took the largest piece. "Where are your manners?" Johnny angrily said. "If you had offered the candy to me, I would have taken the smaller piece!" "What're you complaining about?" asked Joey. "That's what you got!"

A man is never in worse company than when he flies into a rage and is beside himself.

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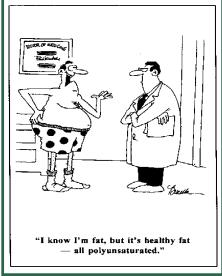
A couple of old friends were discussing their lives. One of the ladies overwhelmed the other by revealing she had been married four times. Her friend who inquired about the numerous marriages was told: "Well, first I married a millionaire, then a movie director, the third time a butler and the fourth a mortician." The friend responded, "My goodness! That's a strange variety of professions." "Yes," was the reply. "One for the money, two for the show, three to get ready and four to go."

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A salesman in a new territory was warned not to call on a particular dealer.

"Why?" asked the salesman.

"His credit is so bad even his money isn't accepted."



A woman was actively supervising her son as he transplanted shrubs and seedlings. A neighbor complimented her generously on the beauty of her yard. The boy looked up from his labor and remarked, "My mother has been belssed with a green tounge."

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